



# Tessa Sanderson CBE

Six Time Olympian and Gold Medallist



## CSA CELEBRITY SPEAKERS

Tessa Sanderson CBE is one of the UK's best-known athletes, having won the Gold Olympic Medal in 1984 in the Women's Javelin and remains today the only British Woman to ever win a throwing Gold Medal. Tessa represented Great Britain for 26 years. She is a legend and an inspiring motivational speaker.

**"The most prolific and constantly impressive female British athlete of all time"**

### In detail

Vice-Chairman of Sports England between 1999 and 2005, Tessa was heavily involved with the London 2012 games helping ensure that a legacy was created as promised. She is an accomplished motivational speaker, awards host and TV & radio personality across sport, entertainment and media. She is also a business ambassador for selected brands that she is personally committed to. Her media career involved television presenting for BBC, ITV, Bloomberg, GMTV, Talk Sport Radio and Sports News for Sky.

### What she offers you

Tessa talks openly about her inspirations and what drove her to become Olympic Champion. She offers audiences advice on becoming an achiever in any chosen field. Her experiences and talents throughout sport have escalated her popularity as a sports speaker, and her ability to relate and connect with a wider audience is palpable.

### How she presents

A true professional with an eye for detail, Tessa's motivational and inspirational presentations are guaranteed to leave audiences feeling energised and ready to achieve their ambitions.

### Topics

Path to Olympic Glory  
Self Motivation and Inspiration  
The Secrets of Achieving Your Personal Goals  
How to Achieve Everything You Want

### Languages

She presents in English.

### Want to know more?

Give us a call or send us an e-mail to find out exactly what she could bring to your event.

### How to book her?

Simply phone or e-mail us.

### Credentials

CBE by Her Majesty the Queen for her Services to Sport and her being Vice Chairman of Sport England  
OBE for her Work with Various Charities  
MBE for winning her Olympic Gold Medal for Great Britain in Los Angeles  
Sunday Times Life Times Achievement Award for her Dedication to Sport  
Sports Personality of the Year and Athlete of the Year (3 times), Athletics Writers Association  
Honorary Fellowship Degrees from the South Bank University in London and the Wolverhampton Polytechnic  
Honorary Masters Degree, Birmingham University