



# Sarah Webb OBE

Olympic Sailing Gold Medalist and Motivational Speaker



## CSA CELEBRITY SPEAKERS

Sarah Webb OBE is an Olympic Sailing Champion having won Gold in Beijing in the Women's Yngling Keelboat Class with her two team mates. This was Sarah's second gold having won gold four years earlier in Athens and she is ranked number one in the world in 2008.

**"Sarah is a London 2012 ambassador"**

### In detail

Sailing from the age of seven, Sarah Webb is a dedicated professional and a genuine talent. It was in the ranks of the RYA youth squad that Sarah's talents were nurtured, culminating in top ten finishes in the Laser Radial Class in both the 1995 and 1996 ISAF Youth World Championships. Following her excellent results in 1996, she was awarded the Yachting Journalists Association Young Yachtsman of the Year. In 2007, the girls have reached the podium in every major event they have entered. Most recently, they were crowned ISAF World Champions in Cascais and won gold at the Olympic Test Event in Qingdao.

### What she offers you

Sarah's presentation gives a fascinating insight into her past two successful Olympic campaigns, which both ran in two very different ways. She talks about working in a goal orientated, tight team environment - where every decision is critical and where second place is failure. The presentation can be accompanied by a series of spectacular images and short video clips and time is allowed for questions and answers.

### How she presents

Sarah's highly inspiring presentations show her audiences how to handle pressure, bounce back from setbacks, set goals, adapt to change, work as a team and motivate.

### Languages

She presents in English.

### Want to know more?

Give us a call or send us an e-mail to find out exactly what she could bring to your event.

### How to book her?

Simply phone, fax or e-mail us.

### Topics

Motivation

Teamwork

London 2012