



# Rebecca Stephens MBE

Author, Mountaineer and Adventurer



## CSA CELEBRITY SPEAKERS

Rebecca Stephens began her career in journalism but is best known for her accomplishments in a completely different field, that of mountaineering. On 17th May 1993, she became the first British woman to climb Everest.

### Britain's most famous female climber

#### In detail

Rebecca Stephens worked as a journalist in London for ten years. She visited Everest for the first time to report on an expedition climbing the North East Ridge. In 1994 she went on to climb the highest mountain on each of the seven continents, the so-called Seven Summits - again the first British woman to accomplish this feat. In 2007, she established a company Seven Summits Performance Ltd with the sole purpose of delivering effective professional and leadership development. Rebecca has written several books and continues to write articles for the nationals, The Financial Times as well as The Independent, Telegraph and Mail on Sunday. In 2003 she was a judge for the Man Booker prize for contemporary literature. She is a trustee for The Himalayan Trust and for the Kathmandu Art Centre, a fellow of the Royal Geographical Society and member of the Alpine Club.

#### What she offers you

A combination of her mountaineering accomplishments and communication skills - in the spoken as well as written word - has led to her delivery of inspirational keynote addresses and master classes to business audiences around the world. Drawing on her experiences in the extreme and at times hostile environment of the mountains, she shares insights into leadership, motivation, teamwork and communication skills that are as pertinent to the business executive as they are the climber.

#### How she presents

She speaks passionately about the importance of teamwork and inspires audiences with her stimulating presentations.

#### Topics

- The Seven Summits of Success
- Motivation
- The Importance of Teamwork
- Achieving Personal Goals
- Reaching the Top

#### Languages

She presents in English.

#### Want to know more?

Give us a call or send us an e-mail to find out exactly what she could bring to your event.

#### How to book her?

Simply phone, fax or e-mail us.

#### Publications

##### 2005

The Seven Summits of Success

##### 2001

Everest

##### 1994

On Top of the World

##### 1990

The Daily Mail Guide to Buying a Home Abroad