



# Matt Dawson MBE

Former England Rugby Union Player



## CSA CELEBRITY SPEAKERS

Matt Dawson MBE is best known as a member of the World Cup winning 2003 England Rugby Union squad. One of England's most capped players of all time, Matt regularly presents on Five Live and is now as well known for his numerous media appearances from BBC's 'A Question of Sport' to 'Masterchef'.

**"Matt Dawson is an institution in the world of rugby."**

### In detail

Regarded as one of the more outspoken players, Matt is a favourite with the BBC's rugby coverage. His position as Team Captain since 2004 on BBC1's much loved flagship sports quiz "A Question of Sport" has elevated him from a well-known rugby player to a national TV personality. After retiring from rugby in 2006, he became a commentator and presenter on BBC Radio 5 Live's rugby programme, won 'Celebrity Masterchef' and was the runner up of 'Strictly Come Dancing'. More recently Matt presented his own cookery show 'Mitch & Matt's Big Fish' and 'Monster Munchies'. In 2012 he contributed to the BBC's 6 Nations coverage and joined the BBC Olympic presenting team where he covered the cycling for Radio Five Live.

### What he offers you

Matt enjoys presenting the lessons he has learned from rugby and his other own life experiences, especially his competitive interests, and relates them to individual approaches, physical and mental training as well as development of career and personal life.

### How he presents

A truly inspiring speaker, Matt tailors his presentations for different team and corporate scenarios, working with clients to achieve the goals and objectives of strategy meetings, seminars and conferences. He also offers effective exercises to show the importance of teambuilding.

### Topics

- Teamwork
- Motivation
- Leadership
- Winning

### Languages

He presents in English.

### Want to know more?

Give us a call or send us an e-mail to find out exactly what he could bring to your event.

### How to book him?

Simply phone, fax or e-mail us.

### Publications

#### 2009

Matt Dawson - Fresh, Simple, Tasty

#### 2004

Nine Lives

#### 2013

Matt Dawson's Lions Tales