



## Marc Woods

Gold Medal-winning Paralympic Swimmer



### CSA CELEBRITY SPEAKERS

Marc Woods' had his left leg amputated due to cancer when he was just seventeen years old, however just 18 months after he finished his chemotherapy, he was selected to represent Great Britain's swimming team at the Seoul Paralympics. Marc co-founded the Leadership Advisory business, Equiida, and now spends his time working with organisations around the world as an executive coach and speaker.

**"Marc's ability to overcome adversity & triumph in so many diverse areas is an example to us all"**

#### In detail

Marc's dream was to simply be the best that he could be, and he has competed at European & World Championships and Paralympic Games. In his 17 years of competition<sup>o</sup>, he won a staggering 12 Paralympic medals from 5 Games, 4 of those medals being gold. Marc also won a further 21 medals from European and World Championships. Since retiring from competitive swimming, he embarked on a series of new challenges, including trekking in Nepal, Ecuador and Peru.

#### What he offers you

Marc Woods' experiences taught him to approach life in a different way and in his presentations, he takes audiences on a remarkable journey, inspiring each person to do the very best in every dimension of their lives. He has a remarkable story packed with anecdotes and insights and is an absolute inspiration, providing a combination of his inspirational life story and personal development advice.

#### How he presents

With thrilling footage, a terrific sense of humour and a complete lack of sentimentality, Marc demonstrates his passion for life and shows what can happen when we learn to focus on those things which are under our control.

#### Topics

Path to Gold  
Personal Responsibility  
Motivation  
Overcoming Adversity  
Peak Performance  
Goal Setting  
Focus and Determination: A Winning Combination  
Teamwork  
Leadership  
Communication Skills

#### Languages

He presents in English.

#### Want to know more?

Give us a call or send us an e-mail to find out exactly what he could bring to your event.

#### How to book him?

Simply phone, fax or e-mail us.

#### Publications

##### 2006

Personal Best: 10 lessons to help you achieve your true potential