



# Jason Gardener MBE

TV Presenter, British Sprinter & Olympic Gold Medallist



## CSA CELEBRITY SPEAKERS

Jason Gardener MBE is one of the UK and Europe's all time great sprinters most famous for leading team GB to Olympic Gold in 2004 and breaking the magical 10 second barrier for 100m. As well as being an accomplished TV presenter, he has several consultancy roles for major organisations and is a gifted motivational speaker.

**"If you have dreams, persevere with them. Someone's got to do it"**

### In detail

Jason is well respected, articulate and educated and has a BSC Honours degree in Media and Sociology. He was awarded an MBE for services to athletics and has been made a Freeman of the city of Bath. Jason is a Non Executive Director on the board of UK Athletics. He is also working with the Olympic task force for UK athletics and he is a performance advisor for talented athletes.

### What he offers you

He is one of a rare breed of athletes who can speak authoritatively and articulately about what it really takes to get to the top. He is the perfect choice to present at award ceremonies, deliver an after dinner speech or take part in a Q&A session.

### How he presents

Articulate and bright, Jason always delivers in a very natural and honest manner, succeeding in captivating any audience's imagination, passing on valuable tips about self confidence, perseverance and ultimate achievement.

### Topics

Setting a Vision and Having Clarity of Purpose  
Leadership and Managing Change  
The Power of Effective Teamwork  
Getting the Most from the Talent That You Have  
Being Accountable for Results  
Courage in Decision Making and Overcoming Barriers

### Languages

He presents in English.

### Want to know more?

Give us a call or send us an e-mail to find out exactly what he could bring to your event.

### How to book him?

Simply phone, fax or e-mail us.



Your talk now creates some folklore that I can refer to at a point in time where the team moved forward under my LeadershipMD, Bupa International

