Denise Lewis OBE
Star British Heptathlete

Denise Lewis OBE is an accomplished presenter, broadcaster, former athlete and President of the Commonwealth Games England. The former Gold Medal winning heptathlete, who holds the second highest number of points scored by a British heptathlete, has gone on to secure a successful broadcast career.

"One of the "golden girls" of British athletics

In detail

Since her retirement from Athletics, Denise has undertaken an array of television work including commentating on high profile athletics events and fronting shows such as BBC's Secret Britain and Right on the Money. She has twice been runner-up in the BBC's Sports Personality of the Year awards and was also honoured with an OBE in the 2000 New Year Honours. Denise is considered one of the BBCs most credible commentators, which has seen her cover many key athletics events both at home and abroad. Throughout her career, she has used her platform to highlight projects that discuss and promote diversity. In 2016, Denise presented Winners for BBC Two, BBC World and News, which saw her uncover the incredible stories of six female athletes from around the world and the challenges they face simply because they are female.

What she offers you

A charismatic personality, Denise uses the lessons she learned in the highly competitive world of top class female athletics to inspire and motivate audiences to achieve their goals. As a winning heptathlete she also understands the importance of diversity and how this leads to overall success.

How she presents

Highly entertaining and inspirational, Denise's presentations are always well received making her highly sought-after at events across the country.

Topics

Teamwork

Leadership

Motivation

Diversity

Languages

Denise presents in English.

Want to know more?

Give us a call or send us an e-mail to find out exactly what she could bring to your event.

How to book her?

Simply phone or e-mail us.

Publications

2008

The Flat Tummy Book

2001

Personal Best