



## Dee Caffari MBE

Solo Round the World Yachtswoman



### CSA CELEBRITY SPEAKERS

Dee Caffari MBE is arguably one of the most inspirational sports women. On three occasions, Dee has sailed into the record books. In 2006, she became the first woman to circumnavigate the world solo against the prevailing winds and currents. In recognition of her first world record, Dee was awarded an MBE. In 2012, she led the only all female crew taking part in Sailing Arabia - established by Oman Sail, the first international sailing regatta joining together the nations of the Gulf to race competitively around the region.

**"The first woman to sail solo non-stop around the world in both directions."**

#### In detail

A former schoolteacher, Dee Caffari's life changed dramatically when she dared to follow her dream and her love of the sea and become a skipper. In no less than five years, Dee had proven her skills and talents and risen to the top of a very male-dominated profession. As the only female to sail solo, Dee added to her achievements in 2009 by claiming the overall crewed monohull Round Britain and Ireland Speed Record. In 2009, she was awarded 'The Helen Rollason Award for Inspiration' at the 'Sportswoman of the Year Awards' and in 2011 was appointed by the Royal Navy as an Honorary Commander in recognition of her service to the sea and Britain's maritime.

#### What she offers you

The contrast of leading and motivating in the classroom and on a crewed yacht has enabled Dee to formulate a unique and insightful take on the world of leadership and people management. Dee speaks from experience of staying motivated when things get tough, achieving high performance, self-belief and succeeding against the odds.

#### How she presents

Dee has the enviable quality of being able to connect with her audiences at all levels. Gregarious, courageous but also candid about the challenges she has faced, Dee delivers powerful messages in an entertaining way and her talks engage those with no yachting background whatsoever.

#### Languages

She presents in English.

#### Want to know more?

Give us a call or send us an e-mail to find out exactly what she could bring to your event.

#### How to book her?

Simply phone, fax or e-mail us.

#### Publications

##### 2007

Against the Flow: The Inspiring Story of a Teacher Turned Record-breaking Yachtswoman

#### Topics

Achieving the Impossible  
Sailing Single Handed  
Peak Performance  
Teamwork  
Motivation