Carl Honoré
Award-Winning Journalist & Author

Carl Honoré is an award-winning journalist and is best known for his advocacy of the Slow Movement - an international effort by the harried and haggard to decelerate the pace of their lives. In addition to worldwide broadcasts and public speaking, Carl lectures in universities and takes part in debates and panels.

"We all feel under pressure to do everything faster. But faster is not always better"

In detail

After studying history and Italian, he worked with street children in Brazil. This inspired him to take up journalism. Since 1991, he has written from all over Europe and South America, spending three years in Buenos Aires along the way. His work has appeared in publications on both sides of the Atlantic, including the Economist, Observer, National Post, Globe and Mail, Houston Chronicle and Miami Herald. His 2005 speech at the prestigious TED conference has been ranked in the Top 10 "Most Inspiring" talks by the millions of visitors who vote on the TED website.

What he offers you

Carl helps audiences across the globe see the world in a new light. His witty presentations are intellectually stimulating, highly entertaining, and forced us all to look at how we think about the invisible force that rules our lives: time.

How he presents

Carl Honoré is an engaging, incisive and humorous speaker. He builds a compelling case for slowing down as a way to live, work and play better in the fast-paced modern world.

Topics

Slow Movement

Work/Life Balance

Coping with Stress

The Future of Work

Successful Strategies for a Healthy Work Environment

Languages

He presents in English, French, Spanish, Italian and Portuguese.

Want to know more?

Give us a call or send us an e-mail to find out exactly what he could bring to your event.

How to book him?

Simply phone, fax or e-mail us.

Publications

2008

Under Pressure: Rescuing Our Children from the Culture of Hyper-Parenting

2004

In Praise of Slow