



# Ann Daniels

Record-breaking Polar Explorer



## CSA CELEBRITY SPEAKERS

Ann Daniels is the first woman in history, along with expedition teammate Caroline Hamilton, to reach the North and South Poles as part of all women teams. She has led expeditions in the most hostile environments on earth, where strong leadership and teamwork are essential to achieve results.

**"One of Britain's leading female explorers"**

### In detail

Ann understands the importance of good planning, hard work and a positive attitude in the most difficult circumstances. As a Polar guide and the only leader of all 3 Catlin Arctic surveys, Ann was responsible for leading the team on the ice and finding a safe route, making difficult decisions in the most extreme environment on Earth for 74 consecutive days. Described by the Times as "living proof that humans really can reach new peaks", Ann talks about how good leadership, teamwork and a positive mental attitude counts and does make a difference to the success of a team. Her most recent expeditions in 2017 and 2018 saw Ann working with NASA and the European Space Agency to help scientists understand what is happening in the fragile Polar regions.

### What she offers you

By sharing memorable experiences from her polar expeditions, Ann takes the audience on a parallel journey through their own challenges in a tough and changing world. A Guinness world record-holding polar explorer, she tailors every speech to her audience and illustrates the importance of strong leadership, teamwork, the correct attitude, setting goals, managing change, overcoming the odds and the importance of persistence.

### How she presents

In her dynamic presentations, Ann inspires, motivates, breaks down barriers and encourages us to achieve the impossible with her stories of achieving the impossible. She never uses a script because she enjoys interacting with the audience.

### Topics

Overcoming the Odds at 40 Below  
The True Cost of Leadership  
High Positions in the Workplace  
Facing the Environmental Challenge  
Leadership  
Teamwork  
Motivation  
Environmental Issues

### Languages

She presents in English.

### Want to know more?

Give us a call or send us an e-mail to find out exactly what she could bring to your event.

### How to book her?

Simply phone, fax or e-mail us.



[watch video](#)